



SEPTEMBER 2021 PROGRAMS

All Programs are free and open to the public. Children ages under 18 must be accompanied by an adult. Reasonable accommodations available upon request. All programs **meet at the Mount Greylock Visitor Center** unless otherwise noted. Please follow all current COVID guidelines. Visit [Mass.gov/COVID](https://www.mass.gov/covid) for more guidance. For more information call the Visitor Center **(413) 499-4262**.

OPEN DAILY **VISITOR CENTER, 9:00 a.m. – 4:00 p.m.**
Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible.

DAILY **STORYWALK® STROLL, Dawn — Dusk**
For children and families. Enjoy a wonderful story with this self-guided walk at the Visitor Center’s south meadow. Wander through our grassy, mowed, meadow paths on this short, easy StoryWalk® stroll. Features a seasonal selection of beautifully illustrated picture book stories.

WEDNESDAY **MOUNTAIN MINDFULNESS, 10:00 a.m. start time**
SEPT. 8 AND Explore healthy, mind-body techniques such as yoga, walking
SEPT. 22 meditation, and Forest Bathing. Sessions guided by certified teachers and vary in duration (20 - 120 minutes). Beginners welcome! **Call ahead for weekly meeting locations.**

THURSDAYS **NICE AND EASY TRAIL HIKE, 10:00 a.m. start time**
Guided, easy-paced, one to three -mile hike geared toward seniors, but open to all ages. May include bird viewing, visiting scenic areas like Rounds Rock, Healthy Heart Trail or a waterfall. Rain cancels. 1½ -hour duration. **Call Visitor Center for meeting location and registration.**

SATURDAYS **SCENIC SUMMIT TOURS, 1:00 p.m. and 2:00 p.m.**
Short, Park Interpreter-guided talks along easy walking paths. Explore the highest point in Massachusetts, its cultural landscape and unique ecology. Wheelchair accessible. 30-minute duration. **Meet at summit contour map. Note:** parking fee may apply, \$5 MA vehicles/\$20 Non-MA vehicles.

SPECIAL **FAMILY FRIENDLY HIKE, 1:00 p.m.**
EVENT Explore Greylock’s beauty on the Bradley Farm Trail! Suitable for families with children able to walk one to three-miles on an easy to moderate trail. Wear sturdy shoes, bring bug spray, snack and drinking water. 1½ -hour duration. **Registration required, call the Visitor Center.**
SUNDAY,
SEPT. 12

SPECIAL **DISCOVER GREYLOCK OWL PROWL, 6:00 p.m.**
EVENT *WHO* are these stealthy hunters of the night? Explore different owls that live in the park. Enjoy a short evening walk, maybe hear a barred owl's call! Bring flashlights, bug spray, and drinking water. Wear sturdy shoes. 2-hour duration. **Registration required, call the Visitor Center.**
FRIDAY,
SEPT. 24

coming events